

*It is all about doing things  
with people, rather than  
"to" them*

**IntegraCare**



**Person-centered training  
program for  
multidisciplinary  
professionals**

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## Our Project

The person-centered model implies a way of thinking and doing that involves the person served as an equal, both in planning and in the development and evaluation of the service provided, always with the assurance that their needs are met. It is based on the principles of dignity, respect and compassion, that come together with a coordinated and personalized service, resulting in people empowerment.

We aim to create a training programme that allows health and social professionals to apply the person-centered model in order to empower both workers and users, and raising awareness about the link between care and life quality.

## Our Goals

- Promoting dependent people's personal autonomy, active and healthy lives.
- To empower the social and health care practitioner of vulnerable individuals and those with functional differences to apply critical person-centered treatment models.
- To raise awareness of the link between integral person-centered care and the quality of life of dependent people and its core dimensions: emotional well-being, interpersonal relationships, material welfare, personal development, physical well-being, self-determination, social inclusion and rights.



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Integra Care Project

# Take a look at our project

Oct. 2020 - Sep. 2022

Identification of successful models and case studies on person-centred care in the participation countries and at EU level

**Phase 1**

**Phase 2**

Design of the training programme: definition of contents, learning objectives and evaluation methods

Development of the training programme: elaboration of the OERs, programming of the online environment, creation of the audiovisual elements and assessment resources, guidelines for trainers

**Phase 3**

**Phase 4**

Testing of the training programme with multidisciplinary professionals in all the participating countries

Analysis of the testing results and implementation of improvements for the final version

**Phase 5**



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